



DECIDE YOUR DISTANCE. PICK YOUR PACE.

Join lululemon ambassador and Shred415 Instructor, Cheyne Adam, as he runs 50 miles, completing a 12.5 mile loop through Chicago, four consecutive times.



lululemon HALSTED - 2104 HALSTED STREET

LOOP 1: 7:00 AM **LOOP 2:** 9:25/9:35 AM
LOOP 3: 12:00/12:10 PM **LOOP 4:** 2:35/2:45 PM

DISTANCE TO NEXT LOCATION: **2.1 MILES**



lululemon RUSH AND WALTON

LOOP 1: 7:20/7:30 AM **LOOP 2:** 9:55/10:05 AM
LOOP 3: 12:30/12:40 PM **LOOP 4:** 3:05/3:15 PM

DISTANCE TO NEXT LOCATION: **5 MILES**



lululemon SOUTHPORT AND ADDISON

LOOP 1: 8:15/8:25 AM **LOOP 2:** 10:50/11:00 AM
LOOP 3: 1:25/1:35 PM **LOOP 4:** 4:00/4:10 PM

DISTANCE TO NEXT LOCATION: **3.2 MILES**



lululemon BUCKTOWN - 1627 N DAMEN

LOOP 1: 8:55/9:05 AM **LOOP 2:** 11:30/11:40 AM
LOOP 3: 2:05/2:15 PM **LOOP 4:** 4:40/4:50 PM

DISTANCE TO NEXT LOCATION: **2.2 MILES**

RUN ENDS AT HALSTED ST LOCATION AT 5:10PM WITH A FINISH CELEBRATION.

Sign-up at all store locations or shred415